



The Learning Center at Robeson Community College

Writing a Thesis Statement

What is a THESIS STATEMENT?

- The main point of the essay
- Gives the entire essay focus

What a thesis statement is NOT

- **A topic** – quitting smoking
- **A title** – Why I Quit Smoking
- **An announcement** – This essay will explain why I quit smoking.

The thesis statement mentions the TOPIC and makes a POINT about the topic.

Topic – quitting smoking

Point about topic – it is good for your health

THESIS STATEMENT: Quitting smoking is good for your health.

TRIPLE POINT THESIS STATEMENT

You can include your major supporting points in your thesis statement.

This is called a **TRIPLE POINT THESIS**.

MAJOR POINTS: improved lung function, decreased risk of heart disease, less risk of lung cancer

TRIPLE POINT THESIS STATEMENT: Quitting smoking is good for your health because it will improve lung function, decrease your risk of developing heart disease, and lower your risk of getting lung cancer.

Where do I put the THESIS STATEMENT?

- In the introduction of the essay
- Often the LAST SENTENCE in the introduction